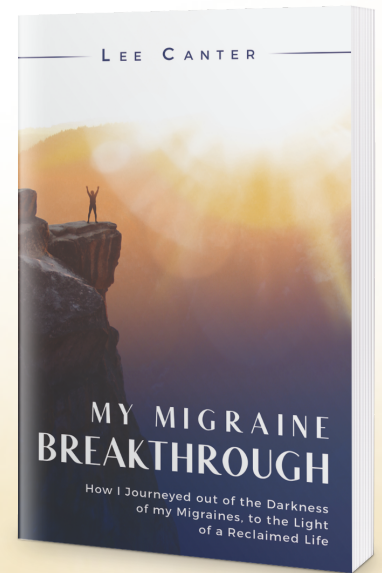


MY MIGRAINE BREAKTHROUGH

Lee Canter's chronic migraine journey can be summarized by the following grim numbers: 7 years practically bedridden, 10 doctors, 15 medications, 3 hospitalizations, 2 pain psychologists, and 6 alternative medicine treatments. None of these brought him the relief he needed. His life was consumed by the darkness of this debilitating disease. If you, like Lee, find your life consumed with the pain and fear of migraines, his story is one you must read.



Lee used his dogged research skills to find and study an evidence-based mind body treatment approach known as TMS (Tension Myositis Syndrome or The Mind-Body Syndrome). This innovative treatment approach focuses on the role stress and trauma, both current and from the past, can have on the brain and nervous system, resulting in the development of migraines. Countless individuals around the world, for whom traditional medical interventions have not been effective, have successfully used this treatment approach to cure their migraines.

Follow Lee's journey in this fascinating memoir filled with key insights and resources that may enable you as well, to find the root cause of your suffering and finally leave the darkness your migraines have cast upon your life behind.

*All net proceeds of sales will be used to support his nonprofit to enable him to reach as many migraine sufferers as possible. Visit www.mymigrainebreakthrough.org for more information.

LEE CANTER



Lee Canter is a nationally-renowned educator, author and researcher. He is the author of over forty books for educators and parents, which have sold over one million copies. He is a member of the prestigious Psychophysiological Disorder Association Board of Directors, the leading professional organization of mind body medicine practitioners. Lee lives in Manhattan Beach, California with his beloved wife Barbara, and his dog Dude. He loves spending time with his children and grandchildren, his photography and charitable work.



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